

Rockville News

2014 COUNCIL

Mayor
Jeff Hagen 320-266-0377

Councilors:
Susan Palmer 320-267-2966
Don Simon 320-250-9674
Randy Volkmuth 320-260-6095
Duane Willenbring 320-293-8732

HAPPY NEW YEAR!

YEAR END WRAP UP 2013

JANUARY

1st City Hall Closed
2nd Rocori Trails 9:00 a.m.
Park & Rec 7:00 p.m.
14th Planning Commission 6:30 p.m.
15th Finance Committee 5:45 p.m.
City Council 6:00 p.m.
20th City Hall Closed
25th Sewer & Water Bills Due

FEBRUARY

6th Rocori Trails 9:00 a.m.
Park & Rec 7:00 p.m.
11th Planning Commission 6:30 p.m.
19th Finance Committee 5:45 p.m.
City Council 6:00 p.m.
17th City Hall Closed

MARCH

6th Rocori Trails 9:00 a.m.
Park & Rec 7:00 p.m.
11th Planning Commission 6:30 p.m.
19th Finance Committee 5:45 p.m.
City Council 6:00 p.m.
25th Sewer & Water Bills Due

The City of Rockville had a very busy year with seven new homes and one new industrial building being built. We are working on other developments and hopefully we can welcome that in the new year.

The tax levy increased by .03997% or \$42,525. This money is being used for capital improvements to roads. We need to upgrade the worst roads each year and so far the council has determined that we would finance roughly \$250,000 a year through the tax levy and also rely on special assessments. This does not get you very far as the price of constructing new roads keeps increasing historically. Nothing is set in stone or been approved since the council will need to order a feasibility study first. Property owners will be notified as we go along.

The biggest event to affect the city was the storm on 6/21/13. Through the help of many volunteers, staff and contracted help the city did recover. There was a tremendous loss of trees as witnessed down by the community ball park. Fortunately staff was able to recover most of the cost for the clean up through FEMA, State of MN and also the city insurance company.

Back on the burner is the discussion on garbage hauling. The city opted not to go with organized hauling and is now considering licensing the haulers and possibly limiting the number of haulers. The city held a meeting with all of the haulers in the area and was incorrectly informed that there were only two haulers. We suspect that the haulers did not actually know the city limits and it turns out there are still four haulers. The council has determined that a sub-committee will look at this issue again in the near future. If you are willing to serve on this committee let city hall know. Mayor Hagen will be picking the committee members. They would like to limit it to 4 or 5 so at least 2 people are needed.

**Thank you for giving us the opportunity to serve you.
Everyone at City Hall would like to wish you peace and best wishes for a
wonderful new year!**

PUBLIC WORKS



KEEP METERS/GRINDER STATIONS CLEAR FROM SNOW:

The City, Stearns Electric, Xcel Energy and Center Point Energy have meter readers; they would appreciate if they would be able to get to the meter in order to get an accurate reading. The lakes areas have a grinder station, please don't pile the snow over the grinder station, as the grinder station needs to breathe. In the winter weather, please be courteous and keep a path cleared to make it easier to read your water meter and to work on your grinder station if the alarm is going off.

THE NEXT SCHEDULED METER READING IS ON JANUARY 13, 2014.

CURB MARKING POSTS HELP SNOW PLOWS

To help out the City snow plow crews this winter, when the first covering of snow leaves no indication of where the end of streets are located, the City is recommending that property owners mark the end of their property with curb marker posts. This will help snow plow drivers plow to the end of your property this season. You can purchase the markers at Menards, The Home Depot, or any local hardware store. Although it is the City's recommendation that property owners install these markers, it is ultimately up to each property owner. Residents are reminded that the City is not responsible for damage that may be done from snowplows including damage to sprinkler heads.



Wave hello to Kevin Brown, our Public Works Director, if you see him plowing the streets. Please call Kevin if you have any questions or concerns regarding snow plowing at (320)250-2601.

Important Reminder:

Do not plow or shovel snow from driveways and sidewalks onto or across public roads and streets. This may be punishable as a misdemeanor (Minn. Statutes 169.42 and 160.27, subdivision 5). This can create a real hazard not only for motorists but also for snowplows and snowplow drivers.



THE WINTER PARKING ORDINANCE WINTER PARKING ORDINANCE NO. 2012-75

AN ORDINANCE REGULATING PARKING DURING SNOW EMERGENCIES AND ALL CITY STREETS DURING WINTER MONTHS

The Rockville City Council ordains:

SECTION 1. Section 71.04 of the City Code is hereby amended in its entirety as follows:

71.04 (A) On the occasions of heavy snowfalls, the Public Works Supervisor shall determine when to commence and/or suspend snow plowing operations.

71.04 (B) When snow has accumulated to a depth greater than 1 ½" inches, a "NO PARKING BAN" will be in effect over the entire city. It shall be the responsibility of the duty police officer (Sheriff) to cite and/or tow all violators. After the streets are plowed, parking will be permitted.

71.04 (C) Violators of this ordinance will be subject to a \$25.00 penalty and in the event that it is necessary that a vehicle be towed away, the cost of the towing, the penalty, and any other related charges will be at the expense of the vehicle owner and will be collected in full before any vehicle is released.

71.04 (D) This ordinance repeals and supersedes all previous snow removal ordinances relating to the removal of snow on public streets in the City of Rockville.

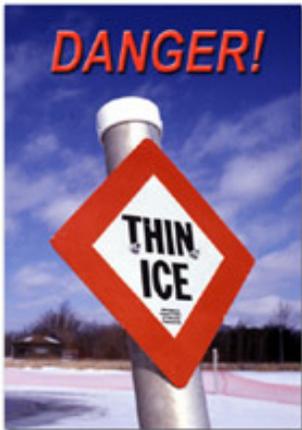
Please be aware that this ordinance for winter parking, and shoveling or plowing snow into or across public streets or roads, will be enforced and the Sheriff will be called.

Be Safe This Winter!

Snow, ice, and extreme cold can make driving treacherous. These safety tips from CDC, the National Highway Traffic Safety Administration and the National Safety Council can help make winter car travel safer.

It isn't too late to have your car tuned up, check the level of anti-freeze, make sure the battery is good, and check your tire tread or put on snow tires.

- Keep emergency gear in your car for everyday trips:
 - * cell phone
 - * flashlight
 - * jumper cables
 - * sand or kitty litter (for traction)
 - * ice scraper, snow brush, and small shovel
 - * blankets
 - * warning devices (e.g., flares, reflectors)
 - * For long car trips, keep food, water, extra blankets, and required medication on hand.
- Avoid driving in snow or ice storms. If you must travel in bad weather, drive slowly. Let someone know what route you're taking and when you plan to arrive so they can alert authorities if you don't get there.
- If your car is parked outside, make sure the exhaust pipe and the area around it are free of snow before you start the car. Snow packed in or around the exhaust pipe can cause high levels of carbon monoxide in the car.
- Don't sit in a parked car with the engine running unless a window is open. Do not let your car run while parked in a garage.
- If your car stalls or gets stuck in snow, light two flares and place one at each end of the car, a safe distance away. Make sure snow has not blocked the exhaust pipe. Then stay in your vehicle and open a window slightly to let in fresh air. Wrap yourself in blankets and run your vehicle's heater for a few minutes every hour to keep warm.



Be careful going out on the ice. Ice thickness varies from spot to spot. Take precautions if you must be out on the ice.

- * Check for known thin ice areas with a local resort or bait shop.
- * Refrain from driving on ice whenever possible.
- * Wear a life vest under your winter gear. **Do NOT** wear a flotation device when traveling across the ice in an enclosed vehicle!

Wrinkles should merely indicate where smiles have been. Mark Twain

Carbon Monoxide To Prevent CO Build up:

- ✓ Make sure your fresh air intake(s) is unobstructed
- ✓ Have fuel-burning equipment regularly checked by a qualified technician (most manufacturers recommend annual check)
- ✓ Check frequently for visible signs of problems, such as high indoor humidity, or soot or water collecting near a burner or vent
- ✓ Never run your car or any other combustible engine in your garage or your home as CO can build up and move into the home causing illness and even death

When CO is breathed into the body, CO combines with blood and oxygen absorption, which can cause illness or death. Symptoms mimic the flu and usually begin with a headache. If you suspect CO release or exposure, induce fresh air immediately and call 911.

SNOW FORTS NEAR STREETS & PARKING LOTS CAN BE VERY DANGEROUS!

All the piles of snow are very enticing for children, not only for building snow forts but for sliding. We ask drivers to be very aware of these piles and that there may be children in or around the snow, even if you can't see them.

*Parents and kids, it is very important that you keep away from the streets and parking areas when building your snow forts!
Needless to say this is very dangerous!*



Remember that these thicknesses are merely guidelines for new, clear, solid ice. Many factors other than thickness can cause ice to be unsafe.

FIRE DEPARTMENT

Clear Away The Snow!



We are asking for your help, when you are shoveling your driveway spend a few extra minutes and shovel out the fire hydrant nearest your home. Please make it a point to uncover your fire hydrant after each and every snowfall. Clear a path approximately 3 feet around the hydrant. This gives the fire department room to work with this hydrant should the need arise.

Please consider helping a neighbor with a medical condition or who is elderly, by shoveling out a hydrant in front of their home. This act of kindness will benefit the entire neighborhood.

Thank you from your Rockville Fire Department

The Polar Bear Plunge Saturday, Feb. 15, 2014

Presented by Minnesota law enforcement as part of the year-round [Law Enforcement Torch Run®](#) events to benefit Special Olympics — is a unique opportunity for individuals, organizations and businesses to support Special Olympics athletes by jumping into frigid Minnesota waters.

Registration begins at 11 am, and Plunges begin at 1 pm

400 Supper Club
25958 Lake Rd
St. Cloud, MN 56301



ROCKVILLE FIRE RELIEF ASSOCIATION FISH FRY April 4, 2014



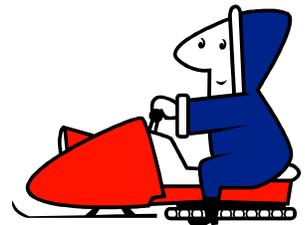
Serving from 4-8 pm
Rockville Parish Center
Raffle Tickets will soon be available,
check with your Fire Fighters, City Hall
or local businesses.

USE OF SNOWMOBILES IN THE CITY OF ROCKVILLE (Ordinance No. 2004-21)

Snowmobiles should be driven on designated snowmobile trails. The snowmobile trail is clearly marked. Watch for the signs. Use ditch bottoms or far right hand side of street or road if necessary.

DO NOT Operate your snowmobile on:

- Sidewalks
- Boulevards within any public right-of-way
- Private property of another without specific permission of the owner.
- Parks (city or county) (unless otherwise posted)
- Inside slope, shoulder, or roadway of state and county roads
- Freeways & Interstate Highways



Read the MN SNOWMOBILE 2008-2009 SAFETY LAWS, RULES & REGULATIONS
or visit the DNR website at www.dnr.state.mn.us/snowmobiling

“A man is what he thinks about all day long.” Ralph Waldo Emerson

Thank you to our volunteers!!!

For taking the time out of your schedule to help stuff, fold and staple the newsletter.

We appreciate all your hard work!

City Hall Staff

If you are interested in volunteering, please call City Hall at 320-251-5836 for more information.

The Book Nook At Rockville City Hall:

A book sharing opportunity for those who love to read.

A Huge thank you to all of you who have donated books to make our Book Nook come to life. Our lobby is filled with books for you!

If you have books you are looking to share and no longer need, please bring them to Rockville City Hall.

ROCKFEST

Save the date:

Saturday, June 28, 2014

We NEED Volunteers!

It could be as easy as helping that day or sending out letters. If interested in being a Rockfest Volunteer, please contact us at

Rockfestfestival@hotmail.com

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CHUCK: 320-398-7512**

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"For every minute you remain angry, you give up sixty seconds of peace of mind."

Ralph Waldo Emerson

Rockville Recipe Share:



Romano's Macaroni Grill Penne Rustica (copycat recipe)

(I have made this a number of times, and it is one of my very favorites)

Shrimp, grilled chicken, prosciutto, pasta and parmesan baked in a creamy sauce. This is from Top Secret Recipes by Todd Wilbur

INGREDIENTS:

3 tablespoons butter
2 tablespoons minced garlic
3 tablespoons marsala wine
2 cups heavy cream
1 cup grated parmesan cheese
1/2 cup milk
1/2 cup chicken broth
1 tablespoon cornstarch
1 tablespoon Grey Poupon Dijon Mustard
2 teaspoons minced fresh rosemary
1/2 teaspoon salt
1/2 teaspoon minced fresh thyme
1/4 teaspoon ground cayenne pepper
1 lb penne rigate, cooked
12 medium shrimp, peeled and deveined
2 skinless chicken breasts

TOPPING

3 tablespoons grated parmesan cheese
pimentos

Directions

1. Preheat grill to high.
2. Prepare sauce by melting 3 tbs of butter over medium/low heat. Add garlic and sweat it for about 5 minutes. Be sure the garlic doesn't brown. Add the marsala wine and cook for another 5 minutes. Add the remaining ingredients for the sauce and whisk until smooth. Bring mixture to a simmer and keep it there for 10 minutes or until it's thick. Cover sauce and remove from heat.
3. Cook pasta following directions on the package (7-9 minutes in boiling water). You want the pasta tender, but not mush (al dente). Strain pasta and set it aside when it's done.
4. Pound the thick end of your chicken breast a bit with a kitchen mallet to make them a uniform thickness. Rub chicken with olive oil, then sprinkle on a bit of salt and pepper. Spear the shrimp on skewers (6 per skewer should work fine), then rub them with oil, and sprinkle with salt and pepper.
5. Grill chicken for 5 to 6 minutes per side. Grill shrimp for 2 minutes per side. When chicken is done, slice each breast into strips. Preheat oven to 500 degrees. Build each dish in a large shallow baking dish. Or you can use a 9 inch glass or ceramic pie plate. Load 3 cups of pasta into each baking dish. Add one quarter of the chicken, 3 shrimp, and 2 tbs of prosciutto onto each serving. Spoon 3/4 of a cup of sauce on each serving and toss to coat. Combine 3 tbs of grated Parmesan cheese with 1 1/2 tsp paprika, then sprinkle about 1 tbs of this mixture over the top of each serving. Bake the dishes for 10-12 minutes, or until tops begin to brown. Arrange 3 pimentos on the top of each serving, then jab a sprig of rosemary into the center an serve. Or I like to use a 9X 13 baking pan and put it all together and serve it family style. You will want to save a little sauce for dipping your bread. This is sooo good, enjoy.

Applebee's Honey Grilled Salmon (copycat recipe)

I found this in Top Secret Recipes by Todd Wilbur.

All I am gong to say is...This is amazing!

Honey Pepper Sauce

3/4 cup honey
1/3 cup soy sauce
1/4 cup dark brown sugar, packed
1/4 cup pineapple juice
2 tablespoons fresh lemon juice
2 tablespoons white distilled vinegar
2 teaspoons olive oil
1 teaspoon ground black pepper
1/2 teaspoon cayenne pepper
1/2 teaspoon paprika
1/4 teaspoon garlic powder

Directions

Make the sauce by combining all ingredients, except salmon, in a medium saucepan over medium/low heat. Stir occasionally until sauce begins to boil, then simmer uncovered for 15 minutes or until syrupy. Watch the sauce closely to be sure it doesn't bubble over. Preheat barbecue grill to medium heat. Rub each salmon filet with vegetable oil, then add a light sprinkling of salt and pepper. Grill the salmon for 4 to 7 minutes per side or until done. Serve salmon with a small cup of the honey pepper sauce on the side.

If you would like to share your favorite recipe, please email it to mlais@rockvillecity.org or mail or drop it off at Rockville City Hall. We will choose three recipes for each newsletter and keep the rest for future publications. (If this is not your own creation, please reference where it is from.)

TRI-COUNTY ACTION PROGRAM, INC

In this economy more and more people and families are having difficulties making ends meet. If you are having difficulty paying your heating and/or electric bill we encourage you to contact your local Energy Assistance provider.

How can Energy Assistance help you?

Energy Assistance programs can provide:

- Assistance towards a household's home energy bill.
- Emergency assistance if a household's home energy service is shut off.
- Emergency assistance if a household is unable to get fuel delivered.
- Advocating with energy-related services such as weatherization improvements, furnace equipment repair and replacement, and budget counseling.

LOCAL ENERGY ASSISTANCE PROVIDER FOR: BENTON, MORRISON, SHERBURNE, STEARNS COUNTIES:
TRI-COUNTY ACTION PROGRAM, INC
1210 23RD AVE S
WAITE PARK MN 56387
(320) 251-1612 or 1-888-765-5597
WWW.TRICAP.ORG

This program is funded by the Minnesota Department of Commerce and U.S. Dept. of Health & Human Services

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Sign up for the Summer Ball Program!!!

Youth sign-up is on
Saturday, March 29th, 2014
from 10 am-11 am
at Rockville City Hall

T Ball ages 5-7 (Tuesdays)
Pitch Ball ages 6-7 (Tuesdays)
Minor League Softball ages 8-10 (Mon & Wed)
Major League Softball ages 11-13 (Mon & Wed)
Minor League Baseball ages 8-10 (Tues & Thurs)
Major League Baseball ages 11-13 (Mon & Wed)

Stop by City Hall to sign up!



Go ANTI-Antibacterial.

Wash your hands but not with Triclosan.

Plain soap and water is just as effective as antibacterial soaps for keeping hands clean and germ free unless in a healthcare setting. Triclosan is an ingredient added to consumer products to reduce or prevent bacterial growth. The chemical Triclosan is linked to water quality concerns and extensive research is being conducted on its human health impacts.

WHAT IS TRICLOSAN?

Triclosan is a chemical compound widely used as an antibacterial agent. It is labeled as “antibacterial” or “antimicrobial”. Triclosan is found in liquid soaps, detergents, toothpaste, deodorants, plastics, cosmetics and other products.

WHY BE CONCERNED?

1. Triclosan is not known to be hazardous to humans. However, FDA animal studies have shown that Triclosan alters hormone regulation. Scientific research and review is ongoing.
2. Triclosan may promote the emergence of antibiotic resistant bacteria.
3. In water environments, Triclosan may build-up in sediments potentially posing a concern for aquatic life.
4. As Triclosan moves through the wastewater treatment process, it can degrade into potentially harmful dioxins and other carcinogens.

CONSUMER SOLUTIONS: Simply DO NOT buy products containing Triclosan. Read labels. The U.S. Food and Drug Administration have found that household use of antibacterial soap provides NO health benefits over plain soap and water. We can all make a difference since 95% of the use of Triclosan is in consumer products.

PROPER HAND WASHING: Plain soap and water is recommended by the Minnesota Department of Health in non-healthcare settings. Rubbing your hands vigorously is the most important step in washing your hands. Learn more about proper hand washing at: www.health.state.mn.us/handhygiene/. The above information was provided by CMWEA.